



Helios Energy Ltd

6 February 2025

Appointment of John Cathcart as Non-Executive Director

Helios Energy (ASX: HE8) ("**Helios**" or the "**Company**") is pleased to announce the appointment of Mr John Cathcart to the Board as a Non-Executive Director of the Company effective 5 February 2025.

Mr Cathcart has 30 years' experience in energy and mining investment analysis including extensive experience in these sectors at a technical, corporate and financial level, working in oil, gas, gold, copper and nickel at several major operations. He made the successful transition to the financial sector and broking in 1994 where he established a very strong reputation with several brokers including Baillieu's, BT, HSBC and CommSec before running the Resources portfolio at Thorney Investments.

Mr Cathcart has invested in oil and gas stocks in Australia and the USA for many years and has travelled extensively reviewing these investments.

Previously, Mr Cathcart was an investment manager at Thorney Investments for a significant period of time and was recently a director of stockbroking firm Rawson Lewis. He is currently an advisor to Cygnet Capital.

Managing Director Philipp Kin commented:

"We are delighted to secure John Cathcart's services as the Company looks to develop its Presidio project in Texas. John's deep experience in operations and finance will complement the Board and Company significantly as we progress this world class project."

Released with the authority of the Board.

For further information please contact:

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NED & Company Secretary

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Directors

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Mark Lichtenberg

Non-Executive Director

John Kenny

Non-Executive Director

John Cathcart

Non-Executive Director

Henko Vos

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